

“A truly enriching experience – I emerged as a far more confident coach and learnt so much about myself along the way. I never realised learning could be so much fun!”



COACHING MASTERY 2013/14

A course in coaching excellence

So you want to be an excellent coach?

So you want to be an accredited coach or create a coaching led organisational culture.

What capabilities and knowledge would you need?
What values, qualities and attitudes would you hold?
What experience and self understanding would you have? How would you shape your coaching practice?
How can organisations become coaching led?

This advanced course gives you the answers.

A course in coaching excellence

This programme explores all of these questions through an integrated model of what it is to be an excellent coach. The programme encourages each individual to apply this to themselves and shape their own future as a coach. It is founded in the four main themes that encapsulate coaching practice:



You as coach – exploring and defining who you want to be as a coach



You as a person – gaining self knowledge that allows you to coach with integrity and humility



Coaching tools and techniques – our core coaching model is enriched with exposure to a wide variety of coaching tools, techniques and models from many sources to give choice and flexibility



Your coaching business – developing your business framework, plan and processes – be it as an independently employed coach or as an employee using coaching within an organizational and/or managerial setting. Meet the ethical standards of UK and International coaching organisations

Nature of the course

Modeling coaching practice...

There are 5 modules to the programme; each module will focus on a particular stage of the coaching process. Each module combines reflection and review; new theoretical and experiential input; the opportunity to practice with the new input through being coach, coachee and observer in equal measure; and, planning how to put your new learning into action outside of the course. This combination enables you to really get your learning ‘in the muscle’.

Doing it...

We ask you to have at least 2 new coaching clients who you will work with throughout the course and use as case studies. You will also perform specific tasks that you’ve set yourself to develop your learning in the ‘real world’ and these will be reviewed at each new module.

Supporting your learning...

Importantly, we encourage individuals to develop keen self-reflective and self-coaching practice. This will enable you to understand the impact of coaching others on you, keep appropriate boundaries between yourself and your clients and promote continued self-development.

In specific support of your coaching, the course includes 3 1-on-1 supervision sessions which will take place between modules. These sessions introduce the framework of supervision – helping you to process what is happening for you as you progress your coaching practice and developing further ways to understand the coaching dynamic.

You will also be part of a supportive ‘learning set’ of like-focused coaches. The group learning environment will give you ample opportunity for practice, feedback and being coached by others. →



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Consolidation...

The final module will be an integration of all you have learnt and enable you to demonstrate your full coaching capability.

You will leave this course with a strong sense of your own identity and capability as a coach, armed with the tools to make it happen for you and your coachees! Those who pass meet national and international standards.

Who will be there?

The **Coaching Mastery** programme will bring together 12-15 people for 12 days over a 8 month period. Participants will be from a wide variety of organisational backgrounds and experiences. Participants will have an NLP Practitioner certification or equivalent learning/ experience/profession to undertake this programme.

You will be facilitated by Fields of Learning's team of Master Trainers, led by *Catherine Doherty* - Director and Senior Consultant *Sharon Milroy* assisted by *June Clare*, as well as guest master classes with *Nancy Kline*, *Alison Hodge* and others.



Catherine Doherty



Sharon Milroy

What do people say?

The feedback we receive on the course continually feeds our course development and delivery. If you would like to talk to prior attendees then please ask and we will put you in touch. Meantime, a quote from one of last year's delegates...

“The Coaching Mastery course gave me that something extra - the difference that made the difference. My feedback from clients has been fantastic.”

Course and individual recognition

At the core of this course is a belief in the importance of the quality and integrity of coaches and their practice. To this end we support and promote the ethical code of the major coaching organizations and specifically that of the Association for Coaching (AC).



The course gained recognition from the Association for Coaching. This course is currently being assessed by ICF (International Coaching Federation) for their ACTP award.

Logistics

Venue

The course will be held in Aspley Guise in Bedfordshire. For those staying overnight we can recommend accomodation.

We tend to all go for dinner one night of each module – we've found this adds wonderful informal learning and we encourage you to join us whenever you can.

Dates for the course are as follows:

Module 1 (3 days)	September	9th, 10th & 11th
Module 2 (2 days)	October	21st & 22nd
Module 3 (2 days)	December	2nd & 3rd
Module 4 (3 days)	February 2014	12th, 13th & 14th
Module 5 (2 days)	March	13th & 14th

To complete the certificate you need to either attend all days or complete catch-up days on the content of the programme. Catch up days will be charged for.

Costs are £3,750 + vat for the course (including supervision) (Price discounted to 2008 rate.) This includes refreshments, great meals, all materials, venues and guest lecturers. For individuals for whom advance payment is an issue you may pay by the day, 1 module in advance. Anyone not claiming back costs from a company or sponsor will be refunded the VAT element of the course by Fields of Learning.

To reserve your place, ask questions, or comment on dates and availability please email or telephone:

catherine.doherty@fieldsoflearning.com 07855 343297
Sharon.milroy@fieldsoflearning.com 07769 906312

We would be completely delighted to welcome you on the programme.

Catherine Doherty & Sharon Milroy

Further comments from delegates on our last course...

“Provocative coaching created remarkable shift.”

“Challenging superb.”

“Precision feedback throughout.”

“Feedback on coaching at integration most powerful learning and to get another external perspective was great.”

“The ‘workshop’ challenge before Integration made me groan....but was the thing that moved me the most. Thank you!”

“Opportunity to network with others developing their own business.”

“Brilliant facilitating and support and bloody challenging as usual!”

